

## Triennial Assessment Worksheet for School Wellness Policy

Information	Division-Specific Language
Reporting Timeframe:	<b>September 1, 2019 – August 31, 2020</b>
School(s) included in the assessment:	Walnut Bend Elementary
Website address for the Wellness Policy and/or information on how the public can access a copy:	<a href="https://www.walnutbendis.net/Page/486">https://www.walnutbendis.net/Page/486</a>
Indicate how any updates to the policy are made available to the public:	Announcement on webpage and Facebook
Enter how often your Wellness Policy team meets, at least annually:	annually
Describe how the school community is made aware of their ability to participate in the Wellness Policy process.	Website and Facebook
Contact information for local school Wellness Policy leadership:	Troy Humphrey, Superintendent, <a href="mailto:thumphrey@walnutbendis.net">thumphrey@walnutbendis.net</a>

**Required Assessment Information: Wellness Policy Goals**

Goal	Monitor Area
The school district will engage students, parents, teachers, food service professionals, health professionals, and other interested community members in developing, implementing, monitoring, and reviewing district-wide nutrition and physical activity policies.	Annual invitation to join committee, menu review, and PE schedules.
All students in grades PK-8 will have opportunities, support, and encouragement to be physically active on a regular basis.	PE schedule; current schedule is above state requirements for time.
Qualified child nutrition professionals will provide students with access to a variety of affordable, nutritious, and appealing foods that meet the health and nutrition needs of students and will provide clean, safe, and pleasant settings and adequate time for students to eat.	Child Nutrition staff completes annual training, menus are set by the standards of Texas Department of Agriculture and USDA; schedule give adequate time for lunch; cafeteria and kitchen passes bi-annual inspection by the state.
Schools will provide nutrition education and physical education to foster lifelong habits of healthy eating and physical activity, and will establish linkages between health education and school meal programs, and with related community services.	PE and other curriculum includes nutrition and physical education. Cafeteria promotes healthy eating; community involvement is encouraged through special meal days. (this last option is currently on hold due to COVID-19.)
<b>This information was reviewed in the annual meeting of the School Health Advisory Committee.</b>	